5-5-94

VALLEY STAR

VOLUME 47, ISSUE NO 12 | LOS ANGELES VALLEY COLLEGE | VAN NUYS, CALIFORNIA | MAY 5, 1994

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ASU run-off election is held this week

▣ Students gather in Monarch Square to cast their ballots for Associated Student Union president and vice president

By LAURA DENIS
Valley Star Writer

A run-off election for the offices of Los Angeles Valley College Associated Student Union president and vice president has been scheduled for Wednesday, May 4 and Thursday, May 5.

The candidates for president are Ben Padua and Frank Cramblitt. The candidates for vice president are Jesse Dominguez and Marina Gonzalez.

Students can vote today in Monarch Square from 10 a.m. until 2 p.m.

The general attitude of the candidates concerned voter turnout, getting the students more involved as well as fighting tuition increase. Cramblitt said, ''I'm really excited about the turnout. We had 704 votes cast at last week's election.''

Dominguez said, ''This election, more than any, shows that students want to take a willing participation in their lives and not just be treated as a number that the school gives us.''''

Gonzalez said, "As far as last week's election, I think the numbers were great. However I think the students need to be more informed about the candidates. I would like to see a more united student government as well as a more informed one.'''

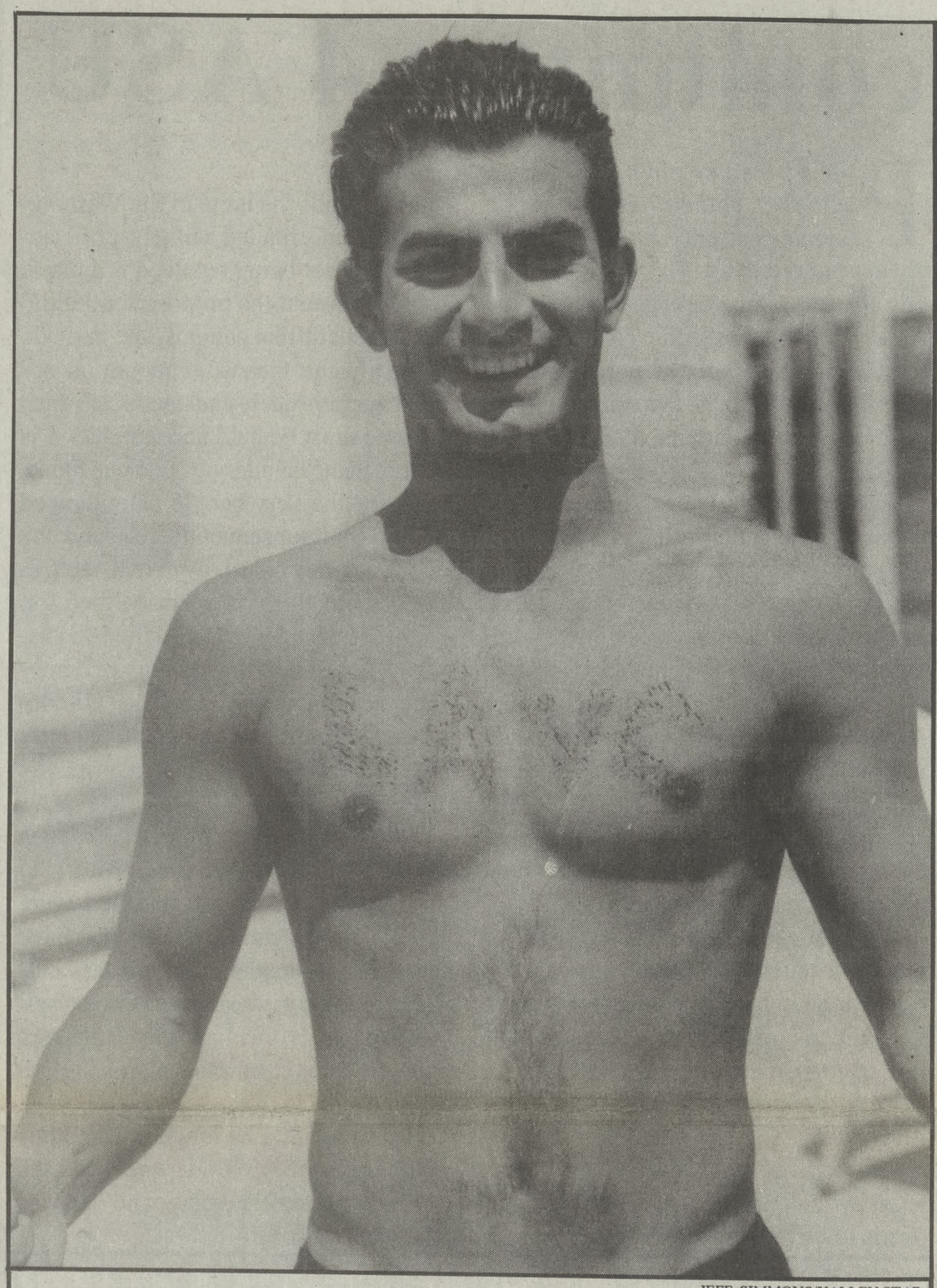
Padua said, ''The most important thing to me is to get students to participate in student government. Voting alone shows an active participation.''

The fight against fee increases for next semester is an issue being confronted by the candidates as well. Dominguez said, ''Because of voting in this election, we the students are saying we want effective students in office to voice our opinions against the tuition increase.''

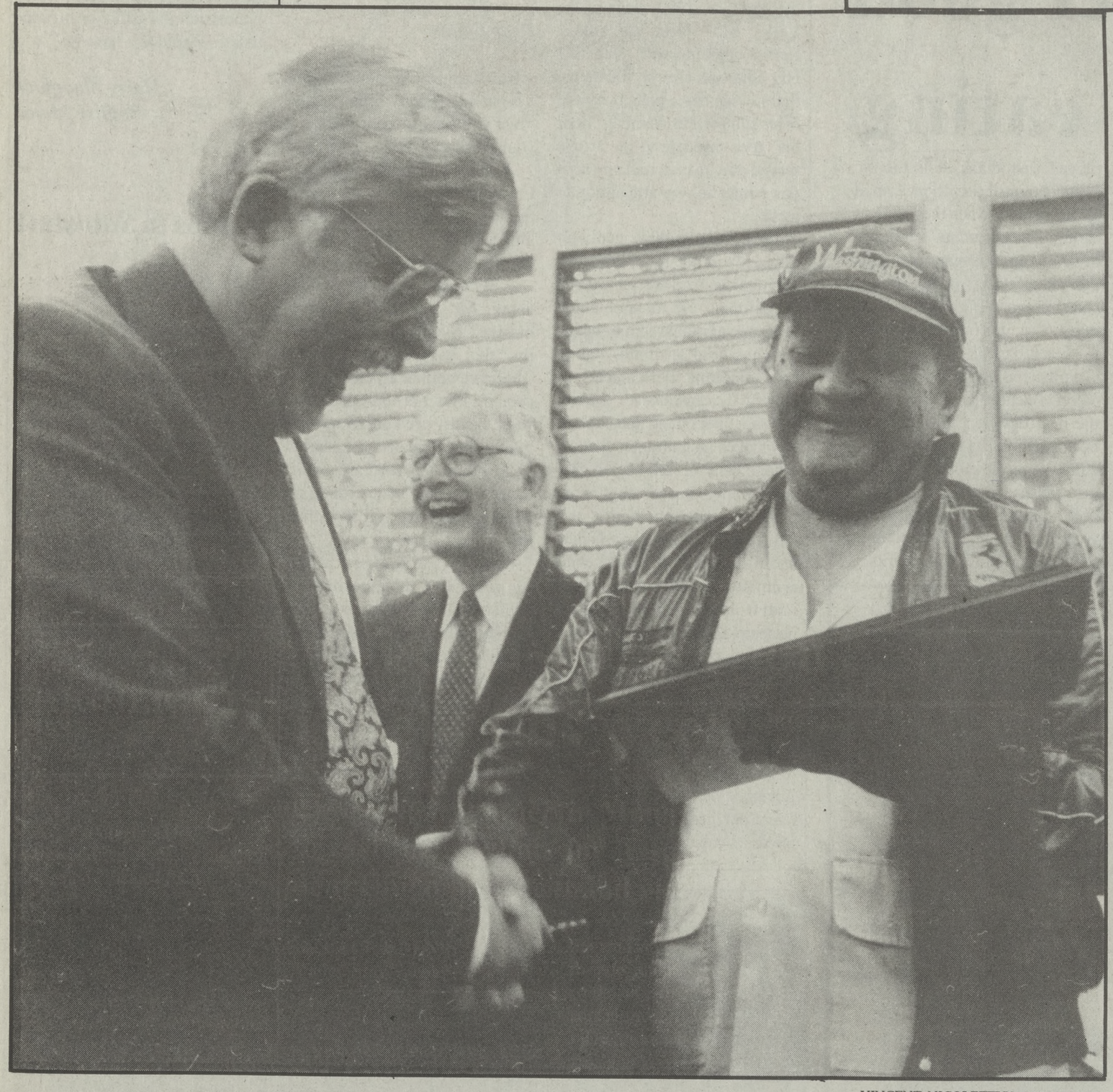
Gonzalez said, "As far as fees are concerned, I attended a California Student Association of Community Colleges meeting on Saturday and was impressed at how concerned the region is. I am also amazed that we are not paying $50 a unit.'''

Padua said, ''My number one priority is to keep fighting fee increases.''

Despite current rumors that the previous election was not legal, Jozef Essavi, the treasurer elect, said, ''The election is legal, free and fair.''



JEFF SIMMONS/VALLEY STAR
Swim team member Gilbert Chamaa displayes his unique method of showing school pride.



VINCENT NICOLETTI/VALLEY STAR
Arnold Davis,President of the Alliance for the Advancement of Education hands an award to student government representative Tom Jaqueta at last Thursday's opening of the Writing Center in Humanities 100.

Mens and womens track teams prepare for state prelims at San Diego Mesa

By HAROLD BROWN
Valley Star Staff Writer

In order to win in track and field, weight is needed, heavy weight, especially, in the field events. Saturday, April 30, 1994 in Memorial Stadium at Bakersfield Community College, that was lacking for Valley College to win the Western State College Crown.

This is the dilemma that faces head coach James Harvey and his men's and women's track and field teams as they prepare for the State Prelims.

They lack the depth needed to compete with other teams in the conference.
It is not the year for Valley to do what they have done so effectively in the past and that is to win in this meet.

"This is a new experience for me and teams that I have coached," said Harvey.

They had no entries in the shot put, discus, and were limited in the pole vault for both men and women.

In preparation for State prelims Saturday in San Diego, May 7, 1994, the shinning light and only first place winner for either the men of women's team was Cicely Brewster in high jump with height of 5'2".

However, other qualifiers were John Peterson, in the high jump. Randy Fort, in the high jump and 110 meters high hurdles with Chris Swain also qualifying in the same event.

Other qualifiers were Eric Hutchinson in the 100 meters and Keyno Alvarez in the 800 meters.

Traycie Kusal qualified in the 400 meters hurdles for the women.

''This is the first year we've not qualified a 4X100 or 4x400 relay team for women since we have been in the conference,'' said James Harvey head coach.

The men have a 4x400 meters relay team to qualify for the state prelims.

''This was a down year in recruiting for us,'' said Harvey. ''When we were not winning it all we were near the top.''

Editorial

Wanted: Ethics committee 4 ASU

Public trust is often difficult to achieve, sometimes it can be bought, but once lost it is almost always not retrieved. This is true in politics as well as on a college campus. The Associated Student Union (ASU) at Valley College has violated public trust in three incidents. In one there is an appearance of ethics violations, their Washington D.C. trip. Another was an outright violation of election rules. And to date no administrative authority has properly dealt with these matters.

To remedy ethics violations in local, state and federal governments, ethics commission have been appointed to review allegations of elections and ethics matters. At Valley College, an elections committee was appointed to act in much the same capacity. The Valley Star finds it unconscionable when a candidate who violated election rules told an election committee official "Mind your own business."

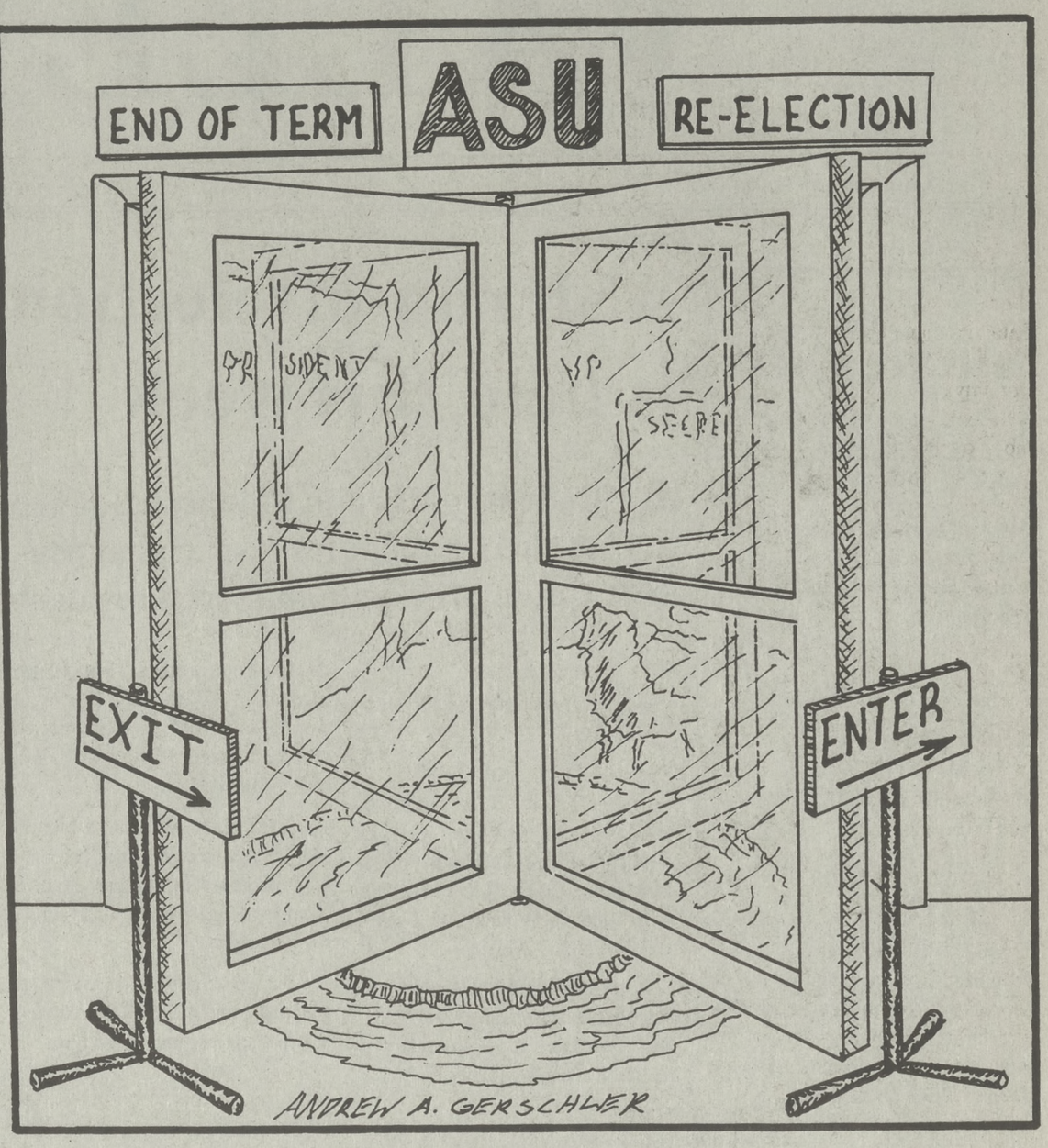
We question why there is tolerance of unethical activity, ASU rules and election rules violations. The answers that have been given thusfar are not acceptable. If the election committee is powerless to enforce election rules, then why have those rules? The administration is sending a message to us that they support anarchy and non-rules. Perhaps there needs to be an ethics committee here on campus!

In our minds the issue of the Washington trip being funded without prior approval and not being resolved is a major problem. Even if the purpose for the trip was to benefit this campus, the ends do not justify the means. If money is obtained inapproriately and unethically then someone must be held accountable. It is no more than "laundering" unclean funds.

Lastly, the very people who allowed this trip and subsequently resigned the ASU Executive board, were reinstated to the positions they were disqualified for. When President Nixon resigned in disgrace as a result of the burglary of democratic headquarters, all of his co-conspirators left office with him. Even after 20 years Nixon could not regain public trust due to "Watergate."

What is happening on our campus is very analogous to that time. The ASU officers who are responsible and were part of the executive board that have allowed such incidents are no less culpable. Whether it is burglary, taking bribes, misuse of funds, election rules violations or the appearance of wrong doing they all lose public trust.

The Valley Star no longer trusts funds in the hands of ASU and questions the eligibility of any candidate who has violated election rules.



Steamed-up over good food and clean eating

By LAURA RENOLDS and SYLVIA FIGEUROA
Valley Star Staff Writers

Have you ever had the pleasure (or displeasure) of visiting the Valley College cafeteria? If so, we're sure you've noticed how disgusting it is to pick up the messy leftovers of others who used the table before you. Well, this mess is the product of bad habits of students who won't pick up after themselves. Perhaps this is because they've forgotten that their mothers do not accompany them to school!

As far as the food that is offered to late comers who show up to eat after set meal times, the remaining leftovers have been reheated more than once, leaving them few options.

According to Rosie Wahlen, Food Supervisor for Valley's cafeteria, the problem of left over, cold food being reheated again and again will be a procedure of the past. The steam table has been replaced because it was believed that this was the problem to start with. The steam table previously used had been damaged, keeping it from warming the freshly cooked food.

Back to the cleanliness complaint, according to presently employed custodians, it is the students responsibility to pick up after themselves when they are done eating. The custodian's duties are to empty garbage cans and maintain the cafeteria. A fact students need to keep in mind is that this is our school, it is our responsibility to keep it clean.

At the end of each day the cafeteria is cleaned, and by the end of the next day, it appears to have been inhabited by pigs! How difficult is it to remember to pick up after yourself after eating? This is college folks; let's not forget that we are adults and our mommy is not around to pick up after us.

VALLEY STAR

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LETTERS LETTERS LETTERS LETTERS

The Valley Star welcomes letters from its readers. Letters will be published whenever possible. The Star reserves the right to condense all letters for space considerations. Submitted letters should be typed and be limited to 250 words. Letters are subject to editing if they are obscene, libelous, or make racial, ethnic, religious, sexist, or sexually oriented denigrations. All letters must be signed and include students ID number, major, and a telephone number for verification purposes. Letters may be dropped in the Valley Star mail box at Bungalow 25, by Monday morning for the following Thursday's publication.

Letters to the editor

"Poor me" attitude undercuts issue of true oppression

Dear Editor:

I now know the definition of journalistic tripe: John Levine's "Just say 'no' to oppression" from the April 28, 1993, issue of the Valley Star. How did author Levine come up with such rot? His editorial clearly illustrates that Levine has a pathetic grasp of his subject. His whining, "poor me" tone throughout the article served only to undercut any serious points he was attempting to make.

Levine argues that since capitalism does not have the same positive result on everyone that it is "defunct." He rants on about the homeless that seem to be everywhere and attributes this to the "plaguing deficiencies of American capitalism." Levine does not understand that capitalism makes no guarantee that everyone will be employed, rich and happy. But through hard work and determination it provides the best avenue in which to attain that status. Perhaps Levine is unfamiliar with values such as hard work and determination for he seems to feel that the world is "stacked against us." Sorry sir, life's not meant to be easy. Not even for non-capitalists.

Levine seems to be enraged over the fact that America choses to live under capitalism. But Levine is more than welcome to leave our great nation and live under an economic system more suitable to his "please spoon feed me" mentality. Perhaps while he is standing in mile-long lines for bread in other less fortunate parts of the globe, he will realize that our "defunct" system isn't that bad after all.

Grady Bourn
History Major

Dear Editor:

I am writing in response to John Levine's opinion piece entitled "Just say 'no' to oppression" in your April 28 edition.

As a student of sociology, Mr. Levine feels qualified to denounce the very system that's providing him with one of the best educations in the world -- ironic.

What are you complaining about, Mr. Levine? "A lack of money?" Having to "live in a family that has been struggling?" These are normal aspects of most people's lives, not oppression. And what exactly are you asking for? Monarchy? Socialism? Anarchy? I don't think any form of government is capable of providing the maternal security you're looking for.

I am also a student here at Valley who has trouble paying bills and continuing school, but I find struggling modestly for something I value to be immensely satisfying.

I too am "sick" and "tired," though not of oppression by the nebulous government monolith that you conjure up. Rather, I am sick and tired of the tedious harangues of those who have little reason to complain and yet whine about the "plaguing deficiencies of capitalism." Be thankful you aren't a part of the generations who have overcome real problems such as the depression, two world wars and Vietnam.

Take some time off your sociology studies and look more carefully at the object of your criticism. Compare your standard of living with others on the planet. This did not come about by chance. Be grateful for those who came before you and endured real oppression and affliction in order that you wouldn't have to.

Harry Slaughter
English Major

Kudos to *Star* staff

Dear Editor:

Congratulations to Editor-In-Chief, Amanda L. Duchow and her staff for the April 21st edition of *the Valley Star*.

It is superb. It is mature. It is caring and brave. Editor Duchow in her article on birth control, writes as a guardian angel. Opinion Editor, Tiffinie P. McEntire, expresses compassion and offers hope for, in her words, "The loneliest and desperate condition of Depression."

Combined with this heartfelt offering is the article by Staff Writer, Jeanette Goldberg, on families dealing with homosexuality.

No metropolitan newspaper has put out a finer edition. Thank you so much.

Bill Fury
Fitness Center

The First Amendment

The First Amendment to the United States Constitution guarentees the right to a free and independent press, which is protected from undue political forces and restraint. Within the sphere of the presses in colleges and universities, administrations at such institutions must preserve and protect the integrity and honesty of such presses. Any undue influence by special interest group or university administrator or faculty person to change, restrain or censor editorial copy is nothing less than a complete abridgement.

News Notes

Solar eclipse viewing:
Join members of the LAVC astronomy club in viewing the sun as it becomes 79% obscured by the moon on Tuesday May 10 from 8 a.m. to 11 a.m. at the LAVC planetarium. The eclipse will peak at 9 a.m. Admission is free , and the event is open to the public.

Runoff Election:
A runoff election for ASU President and Vice President continues today. The candidates for president are Ben Padua and Frank Cramblitt. Vice president candidates are Jesse Dominguez and Marina Gonzales.

CSUN transfer information:
CSUN President Dr. Blenda Wilson will speak in the Fireside Room on today from 10 a.m. to noon. Wilson will provide critical information about services at CSUN, admissions updates, and the current status ofm the campus.

AIDS benefit concert:
An AIDS benefit concert will be held on Monday, May 11 in Monarch Hall. The will begin at 1 p.m. and several live bands will be featured. Admission is $3 for ASU members and $5 for non-members.

Design Associates:
"Spring out for fashion '94," fashion show and design student award presentation takes place today in Monarch Hall at noon. Door prizes and refreshments will be served. Admission is free.

Professional Development:
A tour of Latino communities will be led by Emma Sandoval, Director of Plaza de la Raza, on Saturday May 7 from 9 a.m. to 3:30 p.m. This activity has been approved for six half-hour professional development credits. For reservations contact Jeanne Pollack.

Valley campus goes smoke free next fall

By S.L. SALAMONE
Managing Editor

Valley campus will be smoke-free this Fall. The new policy starts out, "Most people are unaware of the far reaching effects of drifting smoke. In an effort to preserve the rights of both smokers and non-smokers, the college has designated both smoking and non-smoking areas."

The policy continues with the designated smoking areas, "There are four areas designated for smokers: one at the north campus; the flagpole area of Monarch Square in the center of campus; north of the Men's Gym on the east side of campus; and in the grassy area of the Old Quad (near the bungalows). Designated areas will be provided with ash trays for the convenience of smokers."

Nowhere on campus will smoking be allowed within 30 feet of a building. The official wording of the policy cleared college council Mar. 17 of this semester. The new, no-smoking policy will be printed in the summer schedule, but will be fully implemented during the fall.

"We're relying on people for cooperation," said Adrienne Zahler, professor of speech and broadcasting. Zahler was a member of the Work and Space Committee which over-saw the choosing of the designated smoking areas. "It's time people got responsible for their actions and realized how they effect others."

On enforcement of the new policy Zahler said, "We won't have cigarette police ready with handcuffs. We're dealing with adults and the key word is cooperation."

The Academic Senate unanimously passed a resolution on Oct.7, 1993 requesting that the college become a smoke-free institution.Then Vice-President Mary Ann Breckell said that the resolution was brought to the attention of the college council, through Faculty President, Jack Sterk because some faculty had expressed concerns about people smoking outside on the porches and outside the windows, which was perfectly legal, but the smoke was coming into the windows.

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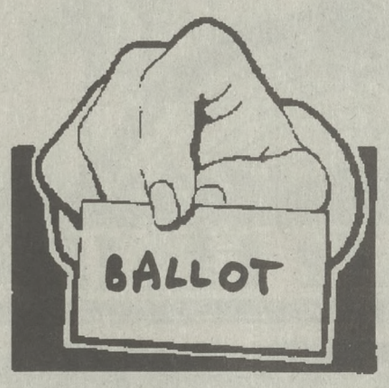

- Leon Marzillier for AFT College Guild President

and

- Wendy Hollis for AFT College Guild Vice-President

Voting starts May 9th (Monday) and continues through May 12th (Thursday).

Your colleagues endorse the above candidates. Leon has been an excellent leader: honest, open, fair-minded–the only real choice for AFT College Guild President. Wendy is bright, energetic, and will work cooperatively with Leon.

Mary Lou Davis, Adrienne Zahler, Synthia Saltoun, Mike Saluzzi, Pat Calder, George Potsic, Bill Wallis, Margaret Freeman, Leslie Hope, Tom Yacavone, Pat Comstock, Ray Parada, Pat Allen, Andrea Elberger, Sue Pierce, James Campbell, Ray Wilson, Richard Holdredge, Jeanne Polak, Al Natian, Phil Clarke, Jack Sterk, Eddie Irwin, Cynthia Siskin, Shannon Stack, Dave May, Georgianna Sampler, Mary Ellen Pangonis, Fred Lane, Richard Wright, Sydell Pannor, Eveline Leisner, Henry Klein, Marty Hittleman, Chuck Ferrero, Dęvvie Schneider, Sam Goffredo, Jim Eskilson, Marvin Zuckerman

....and many more

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Production Designer NORMAN REYNOLDS
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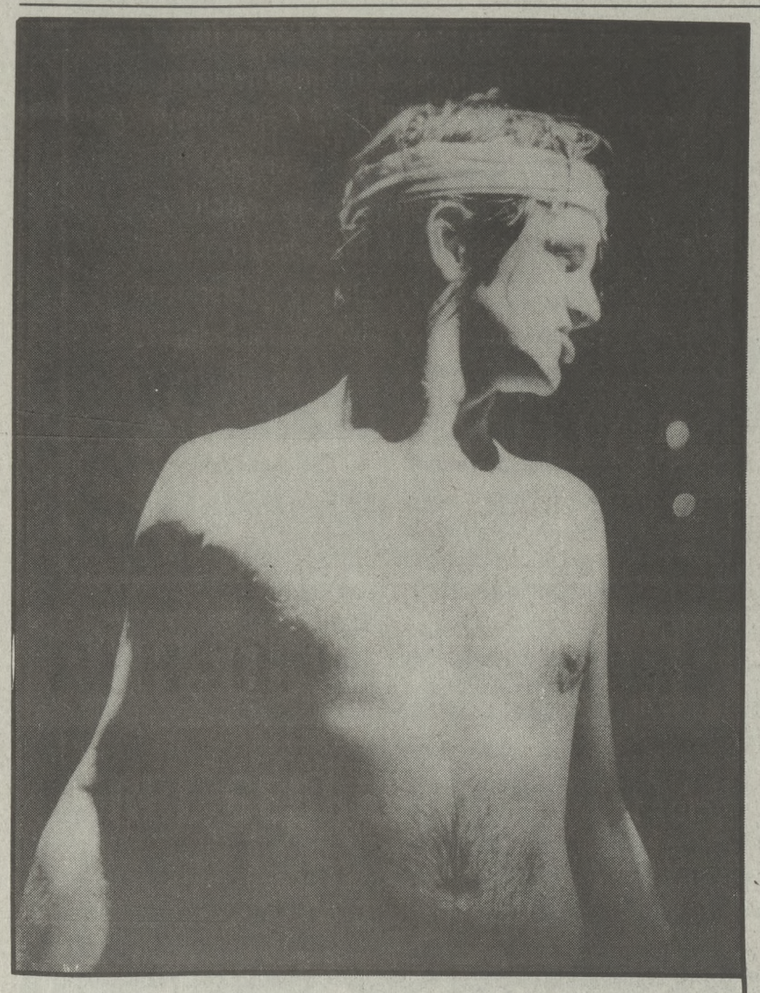
MAY 1994



D'ANDRE FORD/Valley Star

Sean Patrick Riley, starring in *The Persecution and Assassination of Jean-Paul Marat as Performed by the Inmates of the Asylum of Charenton under the Direction of the Marquis de Sade (Marat/Sade),* which shows tonight in the Horseshoe Theater at 8 p.m. in the Theatre building.

'Marat/Sade' now playing at Valley's Horse Shoe Theater

Show time: 8 pm
Show dates: May 4-7, and May 11-17.
Admission: $7.00
Students and senior citzens, $5.00
Wednesday and Thursday nigts, "two-fers" are offered, two tickets for the price of one.
For information and reservations call (818)781-1200x353.

Playboy Jazz Festival to hold free concert at Valley College

On Sunday, May 15 the Playboy Jazz Festival will offer a free community concert at Valley. The concert will take place at 2 pm on the Monarch quad. Featured preformers are Michael. Wolff, The Needra Wheeler Group, and Dan Siegel.

Music Notes

- The Modern Arts Guitar Quartet preforms today.
- Cellist Michael Kevin Jones and guitartist Agustin Maruri will perform on Thursday May 12 in the Music Recital Hall at 8 pm.

The two are currently touring Southern California The works of Vivaldi and manuel de Falla will be performed.

Modern Arts Guitar Quartet plays on campus today

Dr. Brahama D. Sharma, Ph.D., C. Chem; FRSC
Professor of Chemistry

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WITH THE ABOVE PROFESSIONAL STANDING ONE CAN EMPHATICALLY POINT OUT THAT THE INCUMBENT PRESIDENT OF AFT GUILD L.1521 HAS VIOLATED THE BYLAWS OF THE AFT COLLEGE GUILD AND BLATANTLY, ON 3/8/94, MISLED THE MEMBERS OF THE AFT COLLEGE GUILD AS TO THE QUORUM "**THERE WAS NO QUORUM.**" EVIDENCE HAS BEEN DEPOSITED WITH THE "EXECUTIVE SECRETARY" OF THE GUILD. PLEASE GO AND LOOK IT UP. THANK YOU.

"NO QUORUM NO MEETING."

IT IS UNCONSCIONABLE – NO QUORUM. THE INCUMBENT SHOULD RESIGN NOW!

VOTE ✓ BRAHAMA D. SHARMA
***President*, AFT College Guild**
May 9-12, 1994

VOTE FOR BRAHAMA D. SHARMA, President
AFT College Guild Local 1521 USA
On May 9-12, 1994

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B). What may seem to be your never-ending mission in life.
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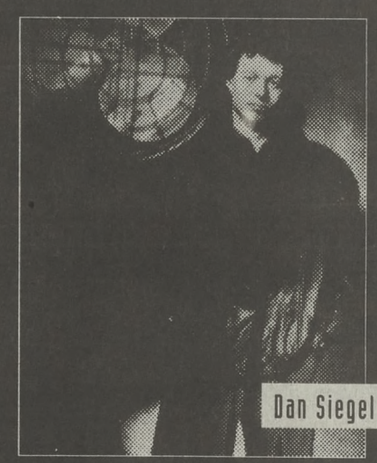
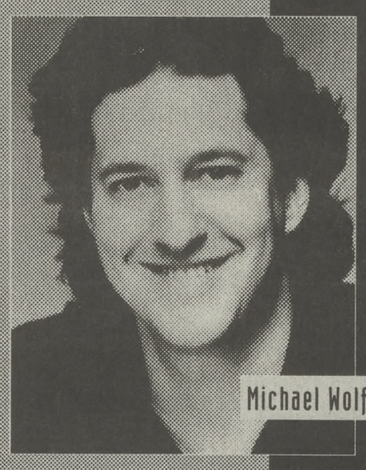
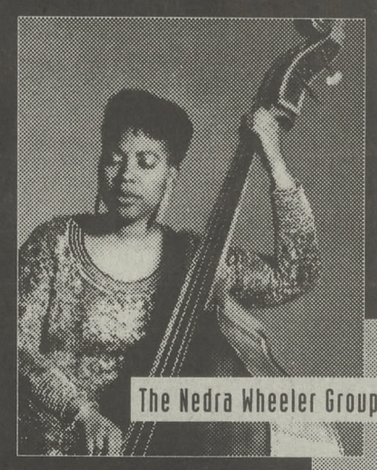


Dan Siegel



Michael Wolff



The Nedra Wheeler Group

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Facing life's adversities: Living with MS

By SYLVIA FIGUEROA
Valley Star Staff Writer

According to a report of Wallace W. Tourtellotte, M.D., Ph.D., and Robert W. Baumhefner, M.D. at UCLA multiple scleroris (MS) is the number one disabling disease of young adults. The multiple sclerosis society reported that in the United States 250,000 to 350,000 persons had physician-diagnosed MS in 1990.

The Multiple Scleroris Fact Book by Richard Lechtenberg, M.D. says that at any time, there are about 250,000 people with multiple sclerosis in the United States. There is an ethnic racial predilection (whites much more than blacks or Asians), an age/gender preference (female to male adult ratio of 2:1), and an environmental influence.

In conclusion with readings from The Multiple Sclerosis Fact Book, MS is a disease of unknown cause that affects the nervous system. The types of problems caused by this disease and the severity of those problems vary greatly from person to person. In any affected individual, the type and severity of problems associated with the disease are also likely to vary from year to year.

Some of the symptoms experienced by a person with MS vary as well, nevertheless some of these characteristics are: Able to walk a limited distance, unable to walk or walking with assistance such as a cane, crutch or brace. weakness, fatigue, incoordination, tremor and walking as if drunk. Difficulty with speaking or swallowing, double vision or facial pain. Poor visual acuity even with glasses. Mental symptoms may include slowed thinking and forgetfulness.

Within a list of treatments for MS, according to the same report by the above captioned doctors are: Exercise, drinking six to eight glasses of fluid per day. Eating a high-fiber diet and staying cool. The report also mentions one of the most important treatments to keep in mind is to have a positive attitude at all times. Self-help is the best help a patient with MS could possess. Exercise has special benefits for patients with MS, because it helps overcome fatigue and enhances endurance which induces a feeling of well-being and it has also proven to benefit every organ in the body. Because a cure is still very experimental for MS, exercise is the number treatment for these patients.

Nader, 37, (last name omitted due to interviewee's personal reasons) is a perfect example of a self-help patient with MS. Majoring in electronics and taking his general courses this semester at Valley as well as Mission College, Nader has his mind occupied on his studies. Born in Persia Nader has lived in California six years.

In 1992 when Nader was diagnosed with MS his life changed tremendously because he was a very active individual working two-full time jobs as an electrician and cashier and during his time-off he would ride his bycicle daily. His activities have substituted for playing chess, taking long walks in the park, working with his computer at home and most of all working out at the gym two to three times a week.

He says he considers being enrolled in college a full-time job and says he enjoys keeping up with his daily chores on homework.

His positive attitude and friendly personality help him cope with his impairments. He wears braces on both his calves and uses a cane to get around. He also drives a stick shift two-door Toyota Corolla and feels independent being able to get places on his own.

Facing life's adversities has made Nader a stronger person. He says, "I feel good because I exercise, exercise and I pretend I'm healthy, I believe a bed should be for an eight-hour rest only! I am an early riser and believe in setting goals I will accomplish!"

He currently resides with his parents whom he receives very much support from and a lot of independence.

Editor's note

In last week's issue of the Valley Star (April 28, 1994) Tiffinie P. McEntire's name was spelled incorrectly, and a fact in the story, regarding her, was also printed incorrectly.

We stated *"McEntire, who received a kitten from Zahler reports that it is in good health and living well."*

McEntire in fact received the kitten from Penny Pollard. And yes, the kitten is doing fine.

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Swim teams take third in Conference

By HOVIK KAZANCHYAN
Sports Editor

"Cypress, here we come!" Shanyn Myers, Ann Choi, Raymond Akopyan and Neil Ferrero, all qualified to race at the State Championships at Cypress College.

Both the women's team and the men's team finished third in the Western States Conference Championships held here at Valley College last weekend.

"I was very proud of all our swimmers." Said Monarch Head Coach Bill Krauss, "They [Valley swim team] made excellent drops [improvements] in times and really swam as a team and supported each other very well. It was a super season!"

The women were 3 points behind Santa Monica for second place. The final scores were as follows: Cuesta 693 points, Santa Monica 498, LAVC 485, Ventura 418, College of the Canyons 341 and Pierce 290.

Myers won the 50 yard butterfly in 27.9 seconds and took third in the 50 freestyle and the 100 butterfly. Choi placed second in the 200 individual medley in 2 minutes and 24.6 seconds and came in third in the 100 breaststroke in 1:14.7.

Elizabeth Valdes-Kennedy finished in fourth in the 100 backstroke in 1:10.9. Anush Mkrtumyan placed sixth in the 3 meter diving competition.

The final results for the men are as follows: Ventura 724, Cuesta 706, LAVC 605, Santa Monica 526, Canyons 241 and Pierce 226.

"All of our men swimmers swam the best times of their lives in at least one individual event." Said Krauss.

Akopyan placed second in the 400 individual medley in which he qualified for the "State" in 4:22.54. "Raymond Akopyan had an outstanding meet..." said Krauss. Akopyan also placed third in the 200 individual medley and the 200 butterfly, in 2:01.6 and 2:04.7, respectively.

Bobby Bodrogligeti, who Krauss also said "... had a great meet," placed sixth in the 400 individual medley and seventh in the 1650 (mile) free, in 4:41.5 and 18:36.1, respectively.

Ferrero took third in the 1 meter diving event and fourth in the 3 meter diving competition.

Lupe Sanchez finished in third in the 200 breaststroke and sixth in the 100 breaststroke, in 2:22.3 and 1:06.9, respectively. Both times were the best of his life.

Jim Nelson took fourth in the 100 butterfly with a time of 55.7 and sixth in the 200 butterfly in 2:12.1.

All in all, Valley College should be very proud of the Monarch swim teams, which could quiet possibly be the most successful spring sport program this season.

JEFF SIMM ONS/Valley Star

Shanyn Myers was one of four Monarchs to qualify for the State meet.

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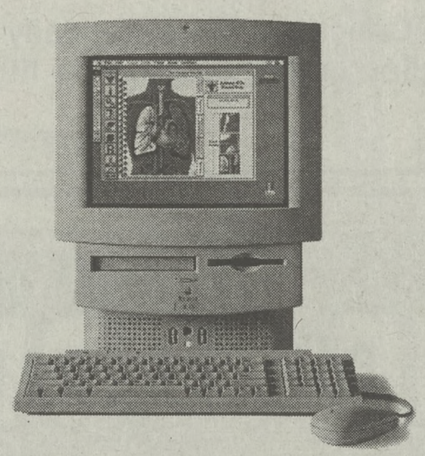

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